



## Strategy 3

# Your Identity, Remembering who you are

### Places the enemy targets/attacks your identity

- your intellect
- your self worth
- your external image
- your internal image
- your spirituality
- your self talk
- external factors

John 10:10 The thief comes only in order to steal and kill and destroy....

### How the enemy targets/attacks your identity

Through your thoughts:

Statistics: Per The Cleveland Clinic 80% of our 12,000 -60,000 are negative, maybe 40,000 negative thoughts a day.

Fear or failure

Fear of rejection

Guilt

Shame, insecurities, self doubt

Are you speaking negative?

Are you taking on peoples negative untruths about yourself?

Believing the lies

What you're listening to? Music encouraging? Friends? Family?

Atmosphere\*

# What does prayer do for my identity? *John*

*10:10 . . . I came that they may have and enjoy life, and have it in abundance”*

- *Prayer keeps the truth about your identity in constant unbroken focus*
- *It allows opportunity for Jesus to tell you how He sees you*
- *Quiet time, creates a place of IN-to-ME-you-SEE, intimacy where Jesus speaks to you*
- *Over time, a foundation of truth is built*
- *Prayer gives us boldness, energizes us with holy confidence, so we trailblazer new thought patterns about ourselves, how we think about ourselves and in receiving and believing our true identity*
- *open your eyes to see who you really are*
- *see who others are and speak into their lives*
- *Declare Gods Word*



- *Declare how He sees you and declare that truth*

Analogy: You are the flour, Holy Spirit is the water, prayer is like the yeast, it creates growth into becoming who we really are! Add in the salt and sugar of

good choices! Then there is the process: The kneading, the covering, the rising, the punching down of the dough (getting the hot air of false beliefs outta ya!)

Then the bread is ready for the fire: So that no matter what fire your faced with, no matter what's against you it's no match for the power, authority and truth Jesus has tenderly kneaded into and covered you with and given you access to.

## What are the Truths of God?

- I am loved by my Father: *Romans 8:39* *Nothing can separate me from Gods love*
- I am pleasing in Father's eye: *Jeremiah 29:11* *"For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you hope and a future"*
- I have purpose in my Father: *Philippians 4:13 Amplified version* *"I can do all things [which He has called me to do] through Him who strengthens and empowers me [to fulfill His purpose-I am self-sufficient in Christ's sufficiency; I am ready for anything and equal to anything through Him who infuses me with inner strength and confident peace]."*
- God is NOT ashamed of me *Hebrews 2:11...He is not ashamed to call them brothers and sisters*
- God has forgiven me: *1 John 1:9* *God forgives me and cleanses me from all sin*
- I am accepted by my Father: *John 1:12* *I am a child of God*
- I am secure in my Father: *1 John 4:18* *His perfect love cast out all fear*
- Father does not judge me: *John 12:47* *If anyone hears my words but does not keep them, I do not judge that person. For I did not come to judge the world, but to save the world.*

# Activity/Exercise in hearing God

“You will never let your identity shift in the face of life because you looked into His face” -Dan Mohler

Some Instruction for our small group time:

1. Commit the time of receiving from the Lord for each other...to the Lord.
2. You are His sheep and the Word says that sheep are able to hear the voice of the shepherd. He can speak to you in many ways: audibly, visions, impressions, the Word, a song, a feeling, even a smell
3. Boundary for what is shared as we are all learning how to listen and encourage:
  - \*only share things that are encouraging and uplifting, comforting
  - \*Biblical, or perhaps He brings a scripture to mind
  - \*you may share impressions you are receiving
  - \*please do not share anything about a person's future
  - \*all sharing needs to be judged, which is Biblical. This means that the HS will help others in the group discern if something is shared that is off base. We are all learning, so don't fear this, it is merely a safeguard.

As the HS gives you some direction for how to encourage the person, pray it over them. Have someone in the group write down what is being spoken over each person so they can take it home and continue to be encouraged.

