



Purity

...Not only for the single ladies, but the married ones too!

God is not against sex, He made it...it's your battle to maintain your purity

God's Standard: is that sex be reserved for marriage and marriage alone.

(Thought catcher ALERT)

“Sex is the act that defines marriage. It consummates (completes) the marriage covenant. It is the act of ultimate significance because it represents the essence of what a covenant is all about. Through sex, a husband and wife affirm in the private realm what has taken place in the public and heavenly realm. They tell and re-tell the covenant story. Sex is the testimony. Sex bears witness that God has made two one. That's why God restricts sex to marriage. If unmarried individuals are physically intimate, they tell a lie with their bodies. They testify that a covenant union has taken place, when in fact it hasn't”

- Mary Kassian **(Thought catcher ALERT)**

Song of Solomon: daughters do not arouse or awaken love until it so desires...this is not blaming it on women, it is showing the power of our femininity, we must be wise, kind, humble rulers of the power we can wield

Some examples of people in the Bible that struggled with purity or tempted to not maintain it

***David *Solomon *Sampson *The Samaritan women, *The women caught in adultery *Bathsheba *Rehab *Lot *Paul *Jacob....interesting that a lot of people in the line of Christ struggled with sexual purity**

Purity in Marriage:

False belief: When I'm married I don't have to worry about sexual purity.

When you are married you are free to have sex with your spouse, but that doesn't mean they aren't struggling with porn, fantasy, images from the past, extramarital flirtations, and conflict over sex in marriage. Single or married, yielding your sexuality under the lordship of Christ will always be a battle.

The answer to sexual purity is not to get married...your sexual purity just changes after marriage.

**"We need to fight for our purity even more when we're married because we have now entered into covenant with another person and with God, to love and honor that person"
-Moral Revolution.**

1 Corinthians 10:13

"No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it."

(YOU MUST CHOOSE THE way of ESCAPE)

Keys to sexual purity

Heart and mind connection

Controlling the thoughts, battle with your mind, things you did prior to being saved. Sin will take you further than you wanted to go

What are your Moats, your Traps, your walls of protection?

Relationship with Jesus, Lessons from prior mistakes

The Word, Good Choices

Things I watch, read, listen too?

****Recognize your triggers****

Mathew 5: 27-30

Engaging with sexually stimulating movies, websites, romance novels and television shows is like willingly giving Satan a piece of your mind and your heart. It may seem "harmless" but will lead you down a path that may ultimately compromise the potential of a pure sexual relationship in the future.

Redemption:

The Beauty of Redemption and Purity

Redeem your choices, not fall under shame

What about your purity story causes you shame?

Jesus will tear down your false belief walls, and break the chains of your bondage, he will begin to build proper walls of protection and value and worth

Grace, Love, Gods perspective about you

Areas of Prayer:

Pray over your eyes

Pray over your mind

Pray over your spouse (future spouse)

Pray over your Children, and their friends

Pray over their spheres of influence

Wisdom in choices

“Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted”

Galatians 6:1

Resources regarding sexual purity: Lisa Bevere, Kris Valloton, Kay Arthur,
restoringsexualpurity.org
moralrevolution.com

Readings: Redeeming Love, Fervent